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6.5 Employee Assistance Services

Saint Mary's College of California

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6.5 Employee Assistance Services

Employees with on or off the job issues resulting in unhappiness, distraction, anger or other emotions that may be affecting their work are strongly encouraged to contact the Employee Assistance Program (EAP). This Saint Mary's College benefit plan provides up to eight (8) confidential counseling sessions by a licensed professional near the eligible employee's home or work. An employee not eligible for the Employee Assistance Program benefit can confidentially request EAP coverage on an exception basis by contacting the Director of Benefits, the Director

Section 6 – Communication & Problem Solving

of Employee Relations & Compensation, or the Assistant Vice President of Human Resources or designee. For more information on the Employee Assistance Program (EAP), see Benefits, Section IX of this Handbook, or check the HR website.